Please share with us some





2007-2008 **Ypsilanti Meals On Wheels Board Of Directors**

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Our Mission

To provide nutritious meals and social contact for the homebound elderly, ill and disabled in eastern Washtenaw County to enable them to live in a healthier, safer, and more independent manner.

How are we doing?

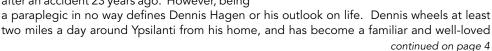
- 97% of meal recipients reported the home delivered meals are their most important source of nutritious food
- 98% reported that the personal contact they have with those who deliver the meals is important
- 85% indicated that their health has improved since they started receiving the meals
- 99% indicated that the Meals on Wheels program has made it easier to live independently

Recipient Profile Debbie Locke-Daniel - Board Member

A Sound Body & Mind Come First to **Lunch Recipient**

Dennis Hagen has been receiving Meals on Wheels for the past 10 years. He stated the food is "pretty good despite a little too many carbohydrates," and is grateful that he doesn't have to spend hours preparing meals or worrying about shopping.

Dennis, age 53, is originally from Livonia and moved to Ypsilanti when an apartment became available at Chidester Place. He was a tree trimmer and became wheel chair bound after an accident 23 years ago. However, being





Volunteer Profile

Serenity **Home Health Employees** Volunteer



Carol Odeleye, Stacey Gullatt, Michelle Smith: Meals on Wheels volunteers.

Serenity Home Health, Inc., established in 2004, provides quality, compassionate, personalized home care service. It also strives to be a positive contributor to the local community. Michelle Smith, an employee of Serenity, as well as a Meals on Wheels volunteer, initiated the company's involvement in volunteering. Michelle states, "the owners and staff eagerly signed up to join in. There is nothing more rewarding than finding a way to devote your

time, energy and compassion to help your neighbors and give back to your community."

Stacy Gullat of Serenity says, "I have always had great compassion for the elderly. Delivering Meals on Wheels has given me a chance to meet new people and enhance my compassion. It's great that Serenity gives us the opportunity to volunteer." The nature of Serenity's services allows its employees continued on page 4

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PRESIDENT'S

Message

On behalf of the Ypsilanti Meals on Wheels' Board of Directors, I wish to extend my heartfelt thank you to all of our supporters and encourage those who are thinking of joining the long list of givers to join us now. Our mission is simple and straightforward, "To provide nutritious meals and social contact for the home bound elderly. ill and disabled in eastern Washtenaw County to enable them to live in a healthier, safer, and more independent manner." Due to the current economic conditions in our State and locally, we have had to limit our cold meals and we have had to put a waiting list process in place; however, we are fortunate, at the present time, not to have anyone waiting - a hot meal with a smile is being delivered to all who are asking

Our annual appeal theme this year – "Serving our neighbors in need" – speaks to the heart of what we are all about and what we have been committed to doing well since 1974. Of course, not only does the YMOW staff and volunteers serve 215 hot meals a day, 6 days a week, 52 weeks a year, but our many supporters like you volunteer time, in-kind services and yes, dollars as well.

There are many individuals and organizations that we need to thank in this our 33rd year of serving our neighbors in eastern Washtenaw County. Once again, I wish to give special recognition to some of our long-time supporters: The First Baptist Church of Ypsilanti, Ypsilanti Township, Superior Township, Pittsfield Township,

Augusta Township, Ypsilanti Kiwanis Club, Eastern Michigan University, and the Ypsilanti Marriott Hotel.

Thanks to you we continue to be successful in our fund-raising efforts. Even though it was a challenge this year to reach some of our prior year records, we did manage to raise \$83,282 for our day-to-day operations and add \$6,630 to our new endowment fund. Of course, we still need your generous contributions to support day-to-day operations. In addition to assist with longer term needs (e.g. vehicle replacement), we encourage your support of our endowment fund as well.

I look forward to meeting many of you again at our three major fund raisers:

Holiday Home Tour – December 1 and 2, 2007

Annual Celebrity Dinner – March 13, 2008

Golf Outing – June 2, 2008

As always, I am eager to meet and thank those of you who help with holiday meal deliveries. This rewarding activity gives us and our loved ones an opportunity to do and feel good by helping others who need us, and to see first hand what YMOW is all about. Again, thank you for helping us to keep serving our neighbors in need.

Sincerely,

Morelle Boone



EXECUTIVE DIRECTOR

In August of 2007, for the first time in YMOW history, we had to initiate a waitlist due to service demand and the lack of dollars to keep up with that demand. Thankfully, there is not currently a wait for services. The Board and staff, with the help of a development grant from the Ann Arbor

Area Community Foundation, have been working on new strategies to ensure that ample and suitable meals and social contact are offered to all potential recipients in a timely manner. One of the strategies we have been pursuing is the development of new revenue sources. As a result, I am



pleased to announce that Ypsilanti Meals on Wheels received a national Imagine Grant Award this year. These funds are providing start-up dollars for YMOW's first social venture, the Mobile Café. Our partner in this venture, Michigan Ability Partners, is a human service agency that provides services to homeless individuals and persons with disabilities. We are in the planning phase of this new business that will provide an option for individuals who are in need of nutritional support but would not utilize the services of Meals on Wheels. Initially, the Café will offer a variety of deli-type choices as well as fresh fruits & veggies that will be delivered a few days a week. A brief survey is posted on our website to gather information that will assist us during planning. It would be appreciated if you would take a few minutes to provide us with your valuable input.

And while you are at our website please sign our Member Book so that we can keep you informed of current news and special events.

Thanks to all of you who contributed both time and dollars this past year, with a special thanks to the Elvisfest Committee for making us their featured charity at this year's event. It is only with all your support that we are able to continue to provide services to those in need, particularly during these very challenging times.

Ann Harris

www.ymow.org



Meals are delivered on Thanksgiving, Christmas & New Year's Day using volunteers rather than our regular delivery team. Since demand for home delivered meals has increased, we need more volunteers then ever to ensure that everyone is fed and visited on the holidays. The volunteers tell us how much they enjoy participating and many families and groups of friends have made this part of their holiday tradition.

You can volunteer for one, two or all three of the holidays. You can come with someone or come individually; if you come on your own, we will try to group you with a team. Each team delivers 4 or 5 meals, which takes approximately an hour.

If you are interested in more information or to sign up, call Ann or Kathy at the Meals on Wheels office: (734) 487-9669.

NEW BOARD MEMBERS

Other Ways To Help

Larry Doe



Mr. Doe was appointed Treasurer of the Ypsilanti Township Board in January, 1999, and elected in November, 2000. He served on the Ypsilanti Township Planning Commission and is currently an active board member on the Chamber of Commerce, Visitors and Convention Bureau. American

Heart Association, and Heritage Festival.

Mr. Doe has been an Ypsilanti Township resident for 56 years and retired in January 1999 after 37 years employment with the Ford Motor Company. Mr. Doe and his wife, Fran, have three children and attend the Presbyterian Church of Ypsilanti.

Bruce Moses



Mr. Moses is a resident of Ypsilanti Township and a graduate of Eastern Michigan University. He has worked in various staff positions at Eastern Michigan University for 15 years. He is currently the director of the Office of Continuous Improvement and Planning. Mr. Moses holds bachelor's

and master's degrees from EMU and is very close to receiving a secondary teacher certification in Business, Services, and Technology as well.

J. Ray Scott



Mr. Scott is the Director of Development for Lutheran Child and Family Service of Michigan. For 23 years, he has been associated with the Colonial Supplemental Insurance Company.

A native of Philadelphia, Mr. Scott played high school basketball against Wilt

Chamberlain. During his professional basketball career, Mr. Scott played for the Detroit Pistons, the Baltimore Bullets and the Virginia Squires. As team captain of the Detroit Pistons, Ray scored 12,289 points in 11 seasons in the NBA. In 1974, he was the first coach in Piston's history to finish the season with a winning record (52 wins and 30 losses). That season, he was named NBA Coach of The Year. Mr. Scott also coached the Eastern Michigan University and St. Paul's Lady Crusader's basketball teams.

Mr. Scott serves the community as a Board member of Diversified Youth Services, Detroit Renaissance Club, Detroit Legends of Professional Basketball, and as Vice President of St. Luke Church Council. He has been inducted in the Philadelphia Basketball Hall of Fame, the International African-American Hall of Fame, the Brooklyn, New York Hall of Fame; the Hampton Roads, Virginia Hall of Fame; and the West Philadelphia High School Hall of Fame.

Mr. Scott resides in Ypsilanti Township with his wife Jennifer and daughters Allison, Devon, and Nia.

Please Welcome our Newest Members to the Board

Shop on line You can make purchases at your favorite online stores and have a portion of your purchase donated to YMOW. Just go to mycause.com and follow their simple instructions to designate YMOW as your cause. A portion of your purchase between 2 and 20% (depending on the merchant) will be donated to YMOW. You pay nothing extra.

Charity Motors Donate your used car for a tax deduction and choose YMOW as the recipient of the proceeds. Call (313) 255-1000. Please note that the car does not need to be working. Boats and real estate are also accepted.

Volunteer!!! Your time is valuable to us. Join a meal delivery team, help out in the office or share your special skills once, twice or on an ongoing basis.

Endowment Fund

As the YMOW staff and Board predicted several years ago, the need for home delivered meals has increased dramatically while traditional sources of support have decreased. This year we experienced the highest demand for meals in our history. For the first time we had to create a waiting list for recipients, despite increased revenues from fund raising initiatives, stable expenditures and being one of only four Washtenaw United Way agencies that retained the same level of support from the previous year.

Three years ago, anticipating this increased demand and expecting it to escalate in the years ahead because of the aging population and shorter hospital stays, the Board created an Endowment Fund to help insure YMOW's financial future. The fund has grown more slowly than hoped so the Board is making a more concerted effort to increase the fund. Because we are affiliated with the Ann Arbor Area Community Foundation, all donations to the YMOW Endowment are eligible for a tax credit from the state of Michigan in addition to applicable federal tax deductions. For example, if you are married, filing jointly and are in the 30% tax bracket, the actual cost to you for a donation of \$400 is only \$80!

YMOW Endowment Contribution \$400.00
State of Michigan Tax Credit (50% of donation up to \$400)
Federal Deduction (30% x \$400)

Total cost to you \$80.00

This is a very easy way to make a significant contribution to YMOW. Please consider the YMOW Endowment as you are making your 2007 charitable contributions. If you have any questions, please feel free to call the Meals on Wheels office.

Historic Holiday Homes Tour

Involves Awe

If you've never experienced the Historic Holiday Homes Tour, this is the year to step over the threshold of some of the most striking homes and buildings in the Ypsilanti area. For those of you who are faithful supporters of this annual benefit for Meals on Wheels, there are surprises in store for you, too. The Candlelight Tour proved to be a wonderful addition to last year's tour and will again be part of this year's two-day event.



Following is a sneak peek at the seven tour stops:

- 210 Greenside Street Dr. Richard & Barbara Robb
- 1207 Roosevelt Street
 Christopher Leicht
 and Michael Chartrand
- 7 North Normal Street Ian and Roberta Wojcik-Andrews
- 1101 Pearl Street
 Marcos and Claire Cabrera
- 214 N. Huron Street Dr. Cheryl Farmer
- 220 N. Huron Street Ypsilanti Historical Museum
- 790 North Hewitt Road EMU President's home



Tour details All proceeds from the 11th Annual Historic Ypsilanti Holiday Homes Tour benefit Ypsilanti Meals on Wheels. The Candlelight Tour is 6-10 p.m. Saturday, December 1, 2007 and features hors d'oeuvres in each home and desserts, wine and entertainment at the Ladies Literary Club. Tickets are \$40 per person and can be purchased at The Nelson Amos Studio in Depot Town. The Daytime Tour is 12-4:30 p.m. Sunday, December 2, 2007. Tickets for the Daytime Tour are \$15 in advance or \$20 the day of the tour. The Daytime tour tickets can be purchased at Haab's Restaurant, Quinn's Essentials and Eleven West Spa and in Belleville at Katherine Rose. Call (734) 487-9669 for more information.



Our EMU Food Service Partners

For longer than any of us can remember, Eastern Michigan University has been preparing the meals for our recipients. Over these many years, regardless of blackouts & other challenges, the chef, kitchen staff & Food Services Department have done whatever is necessary to assure that nutritious meals are prepared and are ready to be delivered each and every day. We are very thankful to have EMU Food Services as our partner.

Recipient Profile from page 1

figure to many in his path.

A self-described "health nut," Dennis indicated the importance of a healthy diet and exercise. He also stressed the value of keeping your mind active and that mental health is just as vital as physical health. "You need to take care of what the good Lord gave you," stated Dennis.

Dennis Hagen should be an inspiration to us all as he illustrates that a physical disability should not hold you back from being the best you can be and for being thankful for all of your blessings.

Volunteer Profile from page 1

to see first hand the benefits of community based programs like Ypsilanti Meals on Wheels. The owner of Serenity, Ademola Osofisan, states, "It's important for businesses to support employee volunteerism. It's a great way as a small business owner to give back to the community. We all need to be aware of those in our community who are less fortunate or simply homebound. I encourage our employees to take the opportunity to volunteer with Meals on Wheels." Serenity Home Health, Inc. would like to thank Ypsilanti Meals on Wheels for all that they do and for allowing them to give back to the community through them. The employees who volunteer hope that their involvement will persuade others in our community to see the importance of volunteering.

Volunteers

Lindsay Schwartz

Daphne Acquilla Karen Aillet Michele Albrecht Alpha Phi Alpha Charles Anderson John Andrews Cassia Antos Sharon Arvo Nathan Atkinson Karen Baird Clyde Barnes Jeff, Judy & John Baublit Jay Baxter Chadwick Beab Josh Bebee Debbie Belfiore Keith & Amanda Berling Mary Bester Betá Alpha Psi Kendra Blackwell Sam & Phyllis Bogarin Anthalyce Bonner Morell Boone Mike Bournival Rich Boyce Arlie & Shirley Braman LaSonya Brown Teddie Burden Leslie Bush Marc Cabrera II & Claire Holland-Moritz Brenda Cage Jerome Cale Joanne Caniglia Anna Carli India Carlisle Steve Carravaullah **Bonnie Cervantes** Linda Clayton Judy Coleman Ashley Collins Elizabeth Comiskey Jaime Corl Karl, Katie, Annie & Sarah Couyoumjian Nicholas Crowe Julie Crowley Lisa Cummins Vigen & Rosemary Darian and Family Delta Sigma Theta EMU Chapter

Stephanie Deluca

George Demopoulos Barton & Dawn Dennis & Family Josey Dickerson Amanda Doi Ricky Dominguez Nicolette Doto Tara Duncan Amy Edwards Stephanie Egan Lana Emmons EMU Accounting Club EMU Athletic Training Service Club Bud & Carolyn Falsetta Amy Fardig William Fennel Raven Fields Beverly Fish Merhawit Fitwi Larry Fitzgerald John Foster Mark Franchi Angelo Gaitas Nadine Galbrath Shante Galloway Harrison & Joann Gardner Jeffrey Gehringer Carly George Jennifer Gibbs Katrina Gladney Jenny Glotzhober Ronnie Goble Greg Gonzalez Lataria Grady Kay Greca Nicole Green Moriah Grooms Garrison Gross Dominic & Christina Guerriero Stacy Gullatt Taqunia Hawa Ed Hayes Penny Hayes Verna & Bill Hayes Lorie Heinrich Donald Henry Jackie Henry Casie Herman Robert Hesselberg

HKN UM Chapter David & Shirley Hoffmeyer Clay Hoggard Jacob, Kate, & Nicholas Holda Caroline & Sonny House Lynn Howard Michelle Howard Hawa Jama llene Jarvenpaa Emily Jenkins Greg Jenkins Bessie Johnson Donna Johnson Linda Jones Kappa Phi Alpha Michelle Karpiuk Hunter Kim Amanda King Jill Krystiniak Charles Kyle Matt Laing Ken & Lucy Langa Rachel Lanigan Susan Leslie Jim & Andrea Libo Lincoln High School Key Club Donald & Nancie Loppnow Chalotta Luttrell Jennifer Maddock Robyn, Dan, Austin, & Lauren Magreta Patricia Maierle Leslie Martel Angelica Martin Mike Martin Colleen Marxer Kellie Mavotte Aisha Mazera Michael McCalthy Robert McClain Marsha McDonald Chicquita McGee Kacey Merman Shirley Meyers Kathy Michael Kathy Mikol Monica Miller Kendel Mitton Jenne Moldovan

Rachael Moore

Sheree Moore

Jennifer Muella Erin Muir Ted & Judy Mull William Mundy Krish Narayanaw Rupinderjit Narwal National Association of **Black Accountants** Astou Ndaw Ashleigh Nesmith Paula Noble Bob Nowlan Carol Odeleve Sean O'Donohue Marla Otterbacher Jenna & Ryan Overmyer Frances Padelford John Pappas Jung Park Rachel Parmelee Shakita Pete Pete Pestillo Family Center Volunteers Phi Sigma Pi Mary Pfeiffer Greg & Michele Pianczk Amanda Piehl Steve Pierce Janine & John Polley Dante Powell Dawn Prehn Mona Ramlawi Jeffrey Ramsey Tiffany Randolph Gary Reed Frankie Revel Daphne Rice Kamala & Nayau Rodrigues Ginny Rollins Mario Romero & Raphael & Isabelle Josh Rutan Linda Rykwalder & David Frankel St. Mary Student Parish Grads Keisha & Toure Schaffner Donna Schmenk Stacev Scott Donna Jean Seltmenic Sylvia Seradzinska Serenity Home Health Care Amilee Sharp

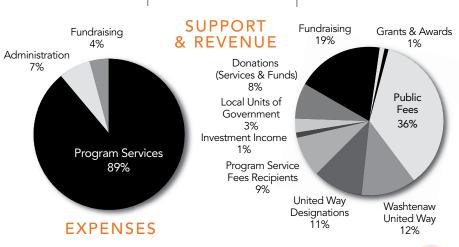
Amilee Sharp Alicia Short Bobbie Shulke Alexander Sikes Quendale Simmons **Quinton Simmons Dolores Skinner** Kelly Skinner Megan Sobbry Michelle Smith Nathan Standifer Lori Stephens Stoic Society EMU Chapter Lauren Strachan Stephen Strobehn Tedd Strobehn Zachary Strobehn Dale and Stacia Suckstorff **Bobbie Sumpter** Robert & Nancy Taylor Rosemary Taylor Joscelyn Temple Dana & Cole Thomas Shavval Thompson Victoria Thornberry Mary Twellman Michael & Makenna Ulberg Nicholas Velanovich Lois Valentino Barbara Vecchioni Padma Vemulapalli Java Vemuri Joanne Verlinden Charles Vigil Renee Vitale Christine Vorce Molly, Wayne, & Quentin Wade Melissa Wartley Nicole Weeks Joel Wells Laura Whisenant Tracey White Jordan Whiting Linda Wieckowski Kathryn Wilde Sharita Willis **David Winters** Peter Woodmar Nagarupa Yarlagadda YBBW EMU Chapter Ypsilanti Kiwanis

2006 Finances

Since we will soon be asking you to consider donating money to us, we want to tell you where our funds come from and how we spend them. We are proud to spend 89% of all YMOW monies directly on recipient services. To view detailed YMOW financial information visit our website at ymow.org or networkforgood.org

Donna Hicks

Tvra Hinton



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Wanda C. Smith

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Address Correction Requested

2007-2008 Fundraising Events

Last Wednesday of each month (all day)

Pizza Hut Fundraiser

The Pizza Hut located at 2407 Washtenaw Avenue, Ypsilanti will donate 20% of your purchase to Ypsilanti Meals on Wheels. Just mention to your server that you are there in support of YMOW.

Saturday, December 1, 2007

6:00pm - 10:00pm

Holiday Homes Tour Candlelight Event

Sunday, December 2, 2007 12:00pm – 4:30pm

11th Annual Holiday Homes Tour

(see article page 4)



Thursday, March 13, 2008

Annual Benefit Dinner at the Ypsilanti Marriott

Meet your friends and neighbors and enjoy a delicious buffet dinner at the Marriott. Local celebrities are the wait-staff and compete for tips that are donated to Ypsilanti Meals on Wheels. A fun, scrumptious way to escape the last cold days of winter.

Sunday, April 20, 2008

Ypsilanti Meals on Wheels' Sunday at Haab's

Each year, Haab's dedicates a Sunday to Ypsilanti Meals on Wheels. The restaurant contributes 10% of the proceeds from that special Sunday to help us feed the home bound. Monday, June 2, 2008

16th Annual Golf Outing

Brookside Golf Course in Saline.
Tee off with friends and family at our popular 18-hole scramble. The day includes lunch, contests and prizes. If you don't play golf, participate by sponsoring a hole or by contributing prizes. Join us for a summer day of fun.

Tuesday, July 8, 2008

Cady's Grill

Join your friends for dinner at Cady's from 6 - 9 p.m. The restaurant will contribute 10% of your purchase to Meals on Wheels.

Friday & Saturday, July 11 & 12, 2008

ElvisFest in Riverside Park

A raffle and food booth will be present during this entire event with all proceeds going to Ypsilanti Meals on Wheels.

September – November 2008

United Way Campaign Please give generously! 26% of our budget comes from United Way. One of our board members will be happy to speak at your workplace about United Way and Ypsilanti Meals on Wheels.

To schedule a speaker, please give us a call at 487-9669.